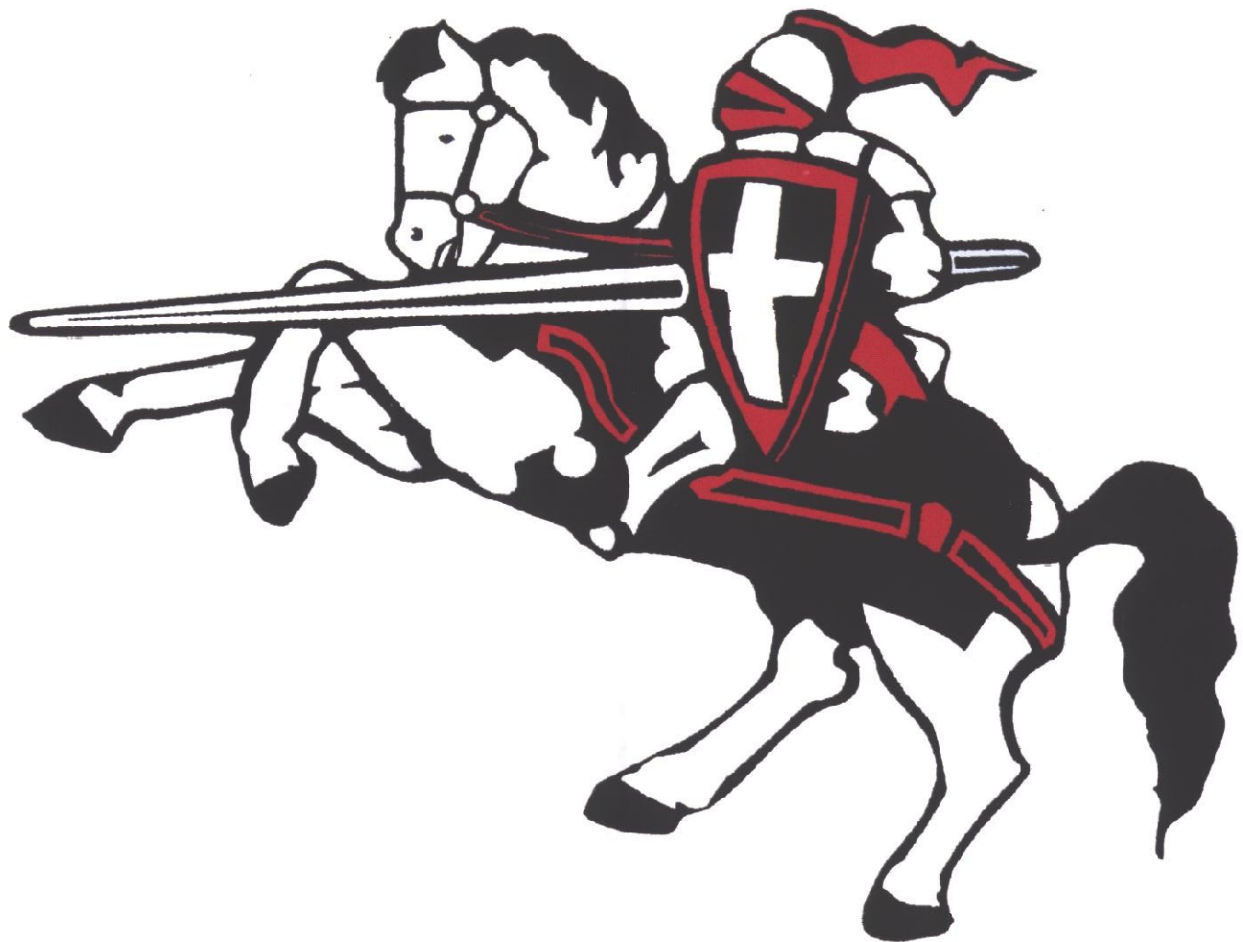


# **Community Christian School**

## **Athletic Handbook 2011-2012**



## **PHILOSOPHY OF CCS ATHLETICS**

With society's emphasis on sports in this day and age, it is a constant battle and necessity for a Christian student to maintain the right perspective in the area of athletics.

The goal of every Christian student is to glorify God through Christ-likeness. This means that whatever the student does; Christ-like actions, attitudes, and responses should be demonstrated. These efforts should not cease upon entering the school athletic arena.

Participation in athletics reveals the character in students. It will reveal right and wrong responses, secular and Biblically based philosophies, as well as godly or godless character. Sports at CCS will be used as a tool to teach the athletes Biblical principles such as teamwork and role playing (individuals utilizing their strengths and recognizing their weaknesses for the cause of the team). Sports can also teach the student how to Biblically respond to authority, adversity, challenges, winning, and losing.

### **WINNER'S CREED**

*A true winner always does his best, never to the glory of self, but always to the glory of God. With God's help, I will be a true winner today.*

### **ATHLETE'S CREED**

*A real winner is one who has learned the following:*

- 1. The most important goal, whether you win or lose, is to do your best.*
- 2. Never quit, no matter how hard it is to keep going.*
- 3. Never blame others, for you will lose the respect of friends, coaches, and yourself.*
- 4. "Always play fair and by the rules" for it is the real essence of sportsmanship.*
- 5. Realize that God is the One who gave to you your abilities and you are always to be thankful for His gifts.*

### **NOTE FROM THE ATHLETIC DIRECTOR.**

The primary goal of the athletic department at CCS is to glorify God through the development of Christian character in the school's athletes. This goal needs to be clear and apparent through everything that is done in the sports program.

The rest of the goals of the CCS sports program can never at any time surpass the primary goal. The coaches and athletes must never put winning at such a high goal that rules are bent or broken in order to win.

However, the goal of winning does fit into Christian athletics. Since CCS athletes are to do their best in all things attempted, it is not right to do less than their best when it comes to winning.

The coaching staff will always push the athletes to do their best--doing the best to achieve the goal of winning without eclipsing the primary goal of honoring Christ.

This means that playing time for the individual student on the field/court will be given on the basis of hard work, ability, and attitude with the goal of benefiting the entire team.

While there is no guarantee that each JV player will play in a given game, junior varsity coaches attempt to give each player as much of an opportunity to develop their skills as possible on the field/court.

## GENERAL GUIDELINES

1. Fees: In order to defray costs, an athletic fee of \$75.00 per sport is charged to the student's account for participation in athletics.
2. Physicals: All athletes in 7<sup>th</sup> through 12<sup>th</sup> grade must turn in their annual physical forms before the first tryout/practice day.
3. Attendance: ***During the School Day*** – If athletes have an unexcused absence from any classes during the day for any reason, playing time in a game will not be allowed. ***During the Season*** – The athletes are required to attend all games, practices, and special meetings. Absences will cost the athletes playing time. All penalties for any missed attendance will be at the coach's discretion.
4. Attire: On game days, athletes should “step-up” their appearance. “Step-up” clothing should be worn to school. The dress code along with the after-game dress code is outlined in detail under the specific sports.
5. Trips: Athletes should work to maintain good behavior on trips and in public places. All athletes will ride with the team unless written, parental permission is submitted prior to leaving for the game. Athletes riding with their own parents after an away game must notify their coach prior to leaving.
6. Concessions/Snack Bar at HOME Games: All athlete families are expected to help with the game concessions/snack bar as much as possible. **If circumstances are such that family members cannot help in concessions in a sport season, the family will need to pay a \$50.00 fee per sport in lieu of helping.**
7. Team Verses: All athletes are expected to learn any team verses that are assigned or complete any team assignments given or participate in any team activities.

## GENERAL EXPECTATIONS

1. Conduct: CCS athletes should work to uphold a high standard of behavior and sportsmanship. Taunting, booing, and criticizing referees and opponents will not be tolerated. Additional penalties may be added at the discretion of the coaches and administration. As Christians, the goal is to glorify God. This goal should continue when athletes participate in competitive sports.
2. School Spirit: Athletes are expected to support CCS by attending school functions such as concerts, programs, banquets, and games of other CCS teams.
3. Effort: Athletes are expected to consistently give 100% effort in their participation. Colossians 3:23 *And whatsoever ye do, do it heartily, as unto the Lord, and not unto men.*
4. Commitment: Athletes should realize and prayerfully consider the commitment they are making to the team prior to the first practice. This commitment involves submission and sacrifice for the good of the team.

## GENERAL DISCIPLINE GUIDELINES

As an athlete at CCS each one is a leader in the “spot-light.” As a Christian, each must strive to uphold a testimony for the Lord at all times.

1. Athletes are expected to be good examples. Extensive or consistent behavior problems will not be tolerated.
2. **If athletes receive 25 demerits during a semester, they will be placed on probation for the remainder of the semester.**
3. No student who received five detentions (academic and/or behavioral) in the academic quarter (in that school year) preceding try-outs for a sport, will be eligible to try out for that particular sport.
4. At the coach’s discretion, an athlete can be benched at any time due to poor behavior and will be benched automatically due to an official’s reprimand for a lack of sportsmanship.
5. Academic or behavioral probation will remove an athlete from participating on any sports team.

## ACADEMIC ELIGIBILITY

1. Athletes are to notify each teacher individually and request assignments that may be missed due to an early departure for any away game.
2. A student may not have a “D” or “F” in Bible and/or an “F” in any class and must have a “C” average overall to remain eligible to compete.
3. An athlete becomes eligible or ineligible the day that report cards are sent home, not the exact day the 9 weeks is officially completed.
4. In an instance where a student is ineligible due to grades on a report card, the student may regain eligibility at the end of the three week period. The grade(s) which caused the ineligibility will be recomputed cumulatively on a tri-weekly basis in order to determine eligibility.  
*Example: An athlete has a 56 (“F”) average for one class on his report card (9 week). He may become eligible at the three weeks’ report if he has at least a 72 average for the class on this report, provided he has met the above requirements regarding an overall “C” average and at least a “C” in Bible. In other words, the nine weeks will be averaged into the 12 weeks. Since the nine weeks is three- 3 week periods, the nine weeks’ grade is counted three times. The 56, 56, 56, and 72 would average a grade of 60 (“D”).*
5. The student and the coach **MUST** have approval from the office that the student is off probation before the athlete is allowed to participate.

## **SPECIFIC SPORTS GUIDELINES AND EXPECTED BEHAVIOR**

### **Boys Soccer**

- Pre-season is required for those trying out unless specific permission has been granted.
- Improper clothing or equipment will be considered an unexcused absence.
- Athletes are not to be in the high school building or wandering around the campus during or after practice.
- A yellow or red card for language, attitude, or unsportsmanlike conduct will bench the athlete for the remainder of the game. A yellow or red card may be subject to further disciplinary action as deemed appropriate by the coaches and administration.
- At the coach's discretion, a player may be benched for poor attitude or behavior for any length of time.
- Team uniform shirts should be tucked in during the game.
- On Home and Away game days, athletes are to wear a dress shirt, dress pants, a tie, and dress shoes during the school day (no tennis or athletic shoes)
- Inappropriate game day attire will disqualify an athlete from starting that day, and it will also impact playing time.
- When the team's game is over, the athletes are to change into a CCS T-shirt, Wind Pants, tennis shoes or sandals with socks, (no flip-flops), OR change back into normal school day attire.

### **Girls Volleyball/Basketball**

- Pre-season is required for try-outs.
- Full-fitting shorts to the knee are required for practice.
- For practicality, long hair should be pulled back while participating in sports.
- Improper clothing or equipment will be considered an unexcused absence.
- Athletes are not to be in the high school building or wandering around campus during or after practice.
- At the coach's discretion, a player may be benched for poor attitude and behavior for any length of time.
- A yellow or red card (volleyball) or technical foul (basketball) for language, attitude, or unsportsmanlike conduct will bench the athlete for the remainder of the game. A card or a technical foul may be subject to further disciplinary action as deemed appropriate by the coaches and administration.
- On Home and Away game days, athletes are to wear nice, dressy clothing and shoes for the entire school day.
- Inappropriate attire will keep an athlete from starting and will also affect playing time on that day.
- On the way to Away games, athletes will wear game day attire and change at the location of the game unless otherwise notified.
- When the team's game is over, the athletes are to change into a CCS T-shirt, Wind Pants, tennis shoes or sandals with socks, (no flip-flops), OR change back into normal school day attire.

## **Boys Basketball**

- Athletes must attend all preseason tryouts.
- Athletes may wear sleeveless shirts to practice. However, they must be neat and not ragged. They must wear knee length shorts.
- Athletes are not to be in the high school building or wandering around campus during or after practice.
- At the coach's discretion, a player may be benched for poor attitude or behavior for any length of time.
- A technical foul for language, attitude, or unsportsmanlike conduct will bench the athlete for the remainder of the game. A technical foul may be subject to further disciplinary action as deemed appropriate by the coaches and administration.
- On Home and Away game days, athletes are to wear dress shirts, dress pants, a tie, and dress shoes (no tennis or athletic shoes) for the entire school day.
- Inappropriate game day attire will disqualify an athlete from starting that day, and it will also impact playing time.
- On the way to Away games, athletes will wear their game day attire and change at the location of the game unless otherwise notified.
- When the team's game is over, the athletes are to change into a CCS T-shirt, wind pants, tennis shoes or sandals with socks, (no flip-flops), OR, change back into normal school day attire.

## **Senior High Golf**

- The golf team will be limited to students from senior high, boys and girls. (It is possible that a limited number of junior high students would be allowed to participate.)
- Players must provide their own clubs and balls.
- The limit of players per school is no less than four and no more than eight.
- The outfit for golf practices and matches is polo shirts, knee-length shorts, and at least tennis shoes (if not golf shoes). Do not wear sandals, T-shirts, denim, or jeans.
- The practices will take place on area golf courses as announced each year. There will be home and away matches.

## **CARE INSTRUCTIONS FOR UNIFORMS AND ACCESSORIES**

### **Non-returned, Lost, or Damaged Uniforms**

**If a uniform part or set of uniforms are not returned by the deadline at the end of a season, the family school account will be charged a fee (which could be hundreds of dollars). If a uniform part is negligently lost or damaged, the family will be responsible to pay a fee.**

### **Laundry Preparation:**

For best results, launder uniforms/accessories immediately after each wearing. Garments that cannot be cleaned promptly should be hung individually on plastic hangers. Perspiration fading may occur if wet garments are left in a pile. Separate white and colored garments.

**Soaking:**

Heavily soiled garments should be soaked in cold/lukewarm water with a protein release agent for a maximum of 45 minutes. Immediately after soaking, garments should be run through a normal wash cycle.

**Washing:**

Do not wash white and colored garments together. All garments should be washed in cold water. Use a mild detergent for washing all uniforms. Remove garments promptly from washer to avoid color bleeding and mildew.

**~~NEVER USE BLEACH ON UNIFORMS**

**Drying:**

For the longevity of the garments, they should be hung to air-dry. In an emergency, machine drying is acceptable at the lowest temperature or “air-fluff” setting. Remove garments from dryer promptly. No ironing should be needed.

**~~NEVER DRY CLEAN UNIFORMS**